

Since 2019

22, 23 & 24 MAY 2026

Gastronomy



Barcelona

Activities,
music &
foodtrucks



7th BARCELONA INTERNATIONAL Dragon Boat Fest

DRAGONBOAT EMOTIONS

EUROPEAN DRAGONBOAT FEDERATION EDBF

HONG KONG ECONOMIC AND TRADE OFFICE BRUSSELS

Ajuntament de Castelldefels



Culture



de Castelldefels



Canal Olímpic

Experiences



COME AND HAVE
FUN WITH YOUR
**FRIENDS,
FAMILY OR
TEAM!**



ENJOY A WONDERFUL HOLIDAYS IN BARCELONA!

IT IS NOT ALL ABOUT DRAGON BOAT TRAINING...

So if you are coming from long away and wish to stay here more days and get to know beautiful places around Barcelona. **ASK FOR OUR DIFFERENT PROGRAMS:**



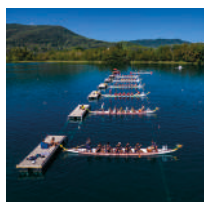
FULL WEEKEND PROGRAM > FULL PACK 3 DAYS

Visit Barcelona and Castelldefels in a weekend. Take advantage of your stay at the festival to visit Barcelona and tour the coastal area of Castelldefels. Everything in a complete express full weekend package.



WEDNESDAY 15th TO SUNDAY 19th > FULL PACK 5 DAYS

Visit the best of Barcelona and other surrounding towns and beaches (like Castelldefels and Sitges), eat typical local food and have fun before the Dragon Boat competition.



ONE WEEK PROGRAM > FULL PACK 7 DAYS

Discover Barcelona but also the wonderful Costa Brava region and train at Banyoles lake, where the 14th EDBF European Nations Championships was held in September 2022.

BOOK WITH US!

LET US KNOW YOUR PREFERENCES AND WE WILL PREPARE
AN ALL INCLUSIVE EXPERIENCE FOR YOUR TEAM!



CHOOSE THE BEST OPTION FOR YOUR TEAM!

Our team has been working to get the best rates and conditions for participants. **Trust your Dragon Boat partner in Spain!**

27 YEARS OF EXPERIENCE AS A TRAVEL AGENCY SPECIALISING IN SPORTS TOURISM SUPPORT US.

**AND IF YOU HAVE ANY OTHER IDEA, JUST TELL US
WE WILL DO OUR BEST TO OFFER YOU WHATEVER YOU NEED!**



7-DAY TOUR PACKAGE

FROM 1998€

*Price per person based on
Shared Twin / Double Room

8 DAYS/7 NIGHTS > **MONDAY 18 MAY - MONDAY 25 MAY 2026**



**WELCOME
PACK**



**AIRPORT TRANSFERS
& BUS SHUTTLES**



**ACCOMMODATION
8 DAYS & 7 NIGHTS**



**REGISTRATION
FEE**



**SPANISH
PARTY**



**CLOSING DINNER
& PARTY**



**MONTSERRAT OR
BARCELONA VISIT**



**ALL BREAKFAST
& LUNCHES**

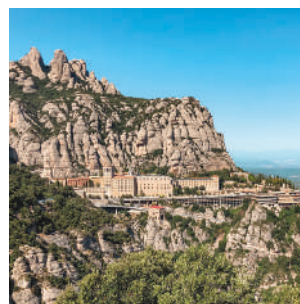


**WINE CELLAR
VISIT & TASTING
IN SITGES AREA**



**AN EXCLUSIVE
INTENSIVE TRAINING
ITINERARY***

**We planned a special mental and physical prep day so that your team can optimize its training and have an extra advantage on the competition day!*



NOT INCLUDED

> Dinners
(except for Gala Dinner)

> Other optional tours
(Non specified at the list)

> Any item not mentioned
(Contact us for more information)

5-DAY TOUR PACKAGE

FROM 1445€

**Price per person based on Shared Twin / Double Room*

6 DAYS/5 NIGHTS > WEDNESDAY 20 MAY - MONDAY 25 MAY 2026



WELCOME PACK



REGISTRATION FEE



**ACCOMMODATION
6 DAYS & 5 NIGHTS**



SPANISH PARTY



CLOSING DINNER & PARTY



ALL BREAKFAST & LUNCHES



ALL AIRPORT TRANSFERS AND BUS SHUTTLES



AN EXCLUSIVE INTENSIVE TRAINING ITINERARY* OR BARCELONA OR MONTSERRAT TOUR

**We planned a special mental and physical prep day so that your team can optimize its training and have an extra advantage on the competition day!*



NOT INCLUDED

> Dinners
(except for Gala Dinner)

> Other optional tours
(Non specified at the list)

> Any item not mentioned
(Contact us for more information)

3-DAY TOUR PACKAGE

FROM 995€

**Price per person based on
Shared Twin / Double Room*

4 DAYS/3 NIGHTS > FRIDAY 22 MAY - MONDAY 25 MAY 2026



**WELCOME
PACK**



**AIRPORT TRANSFERS
& BUS SHUTTLES**



**ACCOMMODATION
4 DAYS & 3 NIGHTS**



**SPANISH
PARTY**



**ALL BREAKFAST
& LUNCHES**



**REGISTRATION
FEE**



**CLOSING
DINNER &
PARTY**



**WINE CELLAR
VISIT & TASTING
IN SITGES AREA**



**CANAL OLÍMPIC
DRAGON BOAT
TRAINING**



NOT INCLUDED

> Dinners
(except for Gala Dinner)

> Other optional tours
(Non specified at the list)

> Any item not mentioned
(Contact us for more information)

ENJOY BARCELONA!

Barcelona is one of the most important tourist destinations in Europe, with millions of people visiting every year. The city is famous for its 19th century Modernist architecture, mostly designed by Antonio Gaudí. The best known of those buildings -the unfinished church Sagrada Familia- is one of the symbols of Barcelona.

The city is also famous for hosting the 1992 Summer Olympics as well as world-class conferences, expositions, and many international sport tournaments.

Barcelona is not only architecture or sport. It is also sea. It's mountains. It's urban. It's gastronomy. It's history. It's art. It's culture. It's many things at the same time. So there's plenty of things to discover and to enjoy!



DISCOVER CASTELDEFELS!

Boasting an enviable geographic location, Castelldefels is less than 20 minutes away from Barcelona city and its international airport. It offers a perfect combination of sea, endless beaches and a little bit of culture.

Castelldefels is famous for its long beach that it has more than 5km and for being the place of residence of many sportsmen.

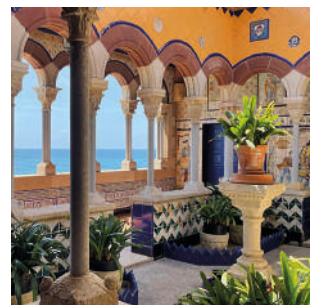
In this area you can also enjoy countless experiences such as soaking up the essence of the Mediterranean coast practicing water sports, visiting the iconic mountain of Montserrat or wandering among the vines and touring the top wineries.



SITGES, A CHARMING COSY VILLAGE

Sitges, just 30 minutes from Barcelona, is a beautiful seaside town and a top-rated tourist destination for a good reason. It is located between the shimmering Mediterranean Sea, a vast national park, and the vineyards, which means there is something for everyone. It is known as the Spanish St. Tropez for its yachting and sailing culture, exquisite restaurants, cobblestoned old town, and rugged coastal hikes.

Sitges is also an international benchmark for Modernisme. A stroll along the cobble streets of its old town awakens the senses and emotions, with historic and iconic buildings hiding museums within, featuring unique works of art by Santiago Rusiñol and Ramon Casas. Sitges, a charming cosy village where lux, nature, art and wine can be found.



COSTA BRAVA, ALWAYS A GOOD CHOICE

Longing for the sea? This area has over 200 kilometres of coastline, with Blue Flag and golden sand beaches, tourist resorts like Lloret de Mar or Platja d'Aro, the bay of Roses (one of the most beautiful in the world) and enchanting coves of deep blue sea between cliffs in Tossa de Mar, Torroella de Montgrí, Begur or Calella de Palafrugell. This is the area of Catalonia that extends from the Mediterranean coast to the majestic Pyrenees... This is the tempting combination of Costa Brava!

Undoubtedly a great place to enjoy the pleasant climate of the Mediterranean, visit some of its Michelin-star restaurants, cultural and historical sites, or follow the Empordà D.O. Wine Route. Terraces, bars and restaurants help you to enjoy the Catalan night, making it possible to taste the region's products.



GIRONA, THE CITY OF FOUR RIVERS

Girona is a city on a human scale with all the charm of a larger city. Take a leisurely stroll through the old town, visit the museums and the historic buildings, wander through the streets and squares, and discover the tourist attractions, festivals, restaurants, cultural events, etc.

Set in the valley of the Ter, we find the city of Girona. The so-called “City of the Four Rivers”, shows us a historic centre dominated by medieval buildings and reminders of Romans, Arabs and Jews. The Onyar, divides the historic centre from the modern city.

The old centre (Barri Vell) of this Catalan city preserves remains of its long history, from the time it was founded by the Romans in the 1st century B. C. To them we owe its original wall, whose remains stretch from the Archaeological Walk to the Wall Gardens.



BESALÚ, BEST PRESERVED MEDIAEVAL TOWN

The ancient bridge the Pont Vell, with seven arches and a tower, leads into Besalú, one of the most significant and best preserved mediaeval sites in Catalonia.

Strolling through the streets of this town in the Garrotxa region is like going back to the time of counts and kings. Sant Julià and Sant Vicenç Churches, Sant Pere Monastery and the Jewish baths are examples of the cultural and historic heritage found in this town. Moreover, there are many other proposals there that are as unique as the town of Besalú itself.



BANYOLES A TREASURE TROVE OF NATURE!

Located in the province of Girona (northeastern Catalonia) Banyoles was the first destination certified in Sports Tourism by the Catalan Tourist Agency in 2003. This seal of quality recognises the tourist destination for offering high-quality resources and services aimed at elite, professional, amateur and tourist sportspeople who want to practise sporting activities.

Lake Banyoles is a natural lake with a history of hosting numerous International rowing and canoeing competitions and year round training events. Banyoles became well-known as the Barcelona 1992 Olympic Games Rowing venue, and since then it has been a favourite location. Moreover, it's been the headquarters of the 14th EDBF ENC.



**MOREOVER, IT'S BEEN THE HEADQUARTERS OF THE
14TH EDBF EUROPEAN NATIONS CHAMPIONSHIPS**



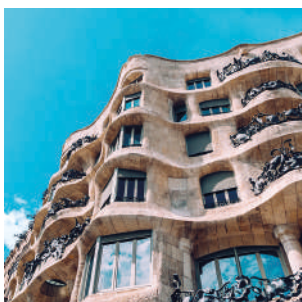
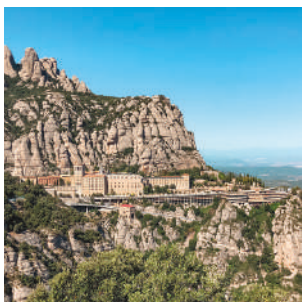
< LET'S TAKE A LOOK!
CLICK OR SCAN THE QR CODE TO
SEE THE VIDEO & MORE PHOTOS
OF THE 14th EDBF ENC



MORE OPTIONS

IF YOU FANCY OTHER TOURISTIC PLACES,
WE CAN ALSO ARRANGE

- > Magical Montserrat Mountain tour.
- > Cava or Winery tours.
- > Tapas & paella tours.
- > Camp Nou experience.
- > Barcelona's modernism
- > Essential Gaudí.
- > Sports activities (kayak, horse riding, trekkings, paintball, etc).



DO YOU HAVE ANY OTHER IDEA?

TELL US AND WE WILL TRY OUR BEST TO OFFER WHATEVER YOU NEED!



**7th BARCELONA
INTERNATIONAL**
Dragon Boat Fest

**PLEASE FEEL FREE TO CONTACT US & ASK
FOR ANYTHING THAT YOUR GROUP NEEDS**

Phone. +34 621 211 778
festival@dragonboatmotions.com
barcelonadragonboatfestival.com

@dragonboatmotions
@bcn.dragonboatfest

©2026